# Language-Aware Vision Transformer for Referring Segmentation

Zhao Yang\*, Jiaqi Wang\*, Xubing Ye\*, Yansong Tang, Kai Chen, Hengshuang Zhao, and Philip H.S. Torr

Abstract—Referring segmentation is a fundamental vision-language task that aims to segment out an object from an image or video in accordance with a natural language description. One of the key challenges behind this task is leveraging the referring expression for highlighting relevant positions in the image or video frames. A paradigm for tackling this problem in both the image and the video domains is to leverage a powerful vision-language ("cross-modal") decoder to fuse features independently extracted from a vision encoder and a language encoder. Recent methods have made remarkable advances in this paradigm by exploiting Transformers as cross-modal decoders, concurrent to the Transformer's overwhelming success in many other vision-language tasks. Adopting a different approach in this work, we show that significantly better cross-modal alignments can be achieved through the early fusion of linguistic and visual features in intermediate layers of a vision Transformer encoder network. Based on the idea of conducting cross-modal feature fusion in the visual feature encoding stage, we propose a unified framework named Language-Aware Vision Transformer (LAVT), which leverages the well-proven correlation modeling power of a Transformer encoder for excavating helpful multi-modal context. This way, accurate segmentation results can be harvested with a light-weight mask predictor. One of the key components in the proposed system is a dense attention mechanism for collecting pixel-specific linguistic cues. When dealing with video inputs, we present the video LAVT framework and design a 3D version of this component by introducing multi-scale convolutional operators arranged in a parallel fashion, which can exploit spatio-temporal dependencies at different granularity levels. We further introduce unified LAVT as a unified framework capable of handling both image and video inputs, with enhanced segmentation capabilities for the unified referring segmentation task. Our methods surpass previous state-of-the-art methods on seven benchmarks for referring image segmentation and referring video segmentation. The code to reproduce our experiments is available at LAVT-RS.

Index Terms—Referring segmentation, language-aware vision Transformer, multi-modal understanding.

# I. INTRODUCTION

G IVEN an image or a sequence of images, and a text description of the target object, referring segmentation aims at predicting pixel-wise masks that delineate the object [1], [2], [3]. It yields great value for various applications such as language-interfaced human-robot interaction, image/video editing, and image/video generation. In contrast to conventional single-modality visual segmentation tasks, which are based on fixed category conditions [4], [5], [6], referring segmentation has to deal with the much richer vocabularies and syntactic varieties of human natural languages. In this task, the target object is identified based on a free-form expression, which uses words and phrases governed by syntactic rules to describe entities, actions, positions, and other linguistic or conceptual attributes. Therefore, the key challenge of this task is to exploit visual features that are relevant to the given text conditions.

There has been a growing effort devoted to referring segmentation over the past few years. A widely adopted paradigm in both the image and the video domains is to first independently extract vision and language features from different encoder networks, and then fuse them together to make predictions with a crossmodal decoder. Concretely, the fusion strategies include recurrent interaction [7], [8], cross-modal attention [9], [10], [11], [12], [13], multi-modal graph reasoning [14], linguistic structure-guided context modeling [15], dynamic filtering [3], capsule routing [16], *etc.* Recent advances (*e.g.*, [17], [18], and [19]) bring performance improvements via employing a cross-modal Transformer [20] decoder (illustrated in Fig. 1(a)) to learn more effective cross-modal alignments, which is in concurrence with Transformer's overwhelming success in many other vision-language tasks [21], [22], [23], [24].

Despite significant progress, the potential of the Transformer to enhance referring segmentation is still far from fully explored. Specifically, cross-modal interactions mainly happen after feature encoding, and a cross-modal decoder is mostly responsible for aligning the visual and linguistic features. As a result, previous methods fail to effectively leverage the rich Transformer layers in the encoder for excavating helpful multi-modal context. To address these issues, a potential solution is to exploit a visual encoder network for jointly embedding linguistic and visual features during visual encoding.

Accordingly, we propose a Language-Aware Vision Transformer (LAVT) network, in which visual features are encoded together with linguistic features, being "aware" of their relevant linguistic context at each spatial location. As shown in Fig. 1(b), LAVT makes full use of the multi-stage design in a modern vision Transformer backbone, leading to a hierarchical language-aware visual encoding scheme. Specifically, we densely integrate linguistic features with visual features via a Pixel-Word Attention Module (PWAM). The beneficial vision-language cues are then exploited by the following Transformer blocks, *e.g.*, [25] and [26], in the next encoder stage. This approach enables

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(a) A paradigm of previous state-of-the-art methods.



Fig. 1. The task of referring segmentation takes an image or a sequence of images (a video) and text descriptions as inputs, and predicts a mask delineating the object specified by the text in the image(s). (a) The previous state-of-the-art methods (*i.e.*, VLT [17] for images and ReferFormer [19] for videos) leverage a vision-language Transformer decoder for cross-modal feature fusion. (b) Conversely, we propose to directly integrate linguistic information with visual features in intermediate levels of a vision Transformer network, where beneficial vision and language cues are jointly exploited. A light-weight mask predictor can therefore readily replace the complicated cross-modal decoder used in previous approaches.

us to forgo a complicated cross-modal decoder, as accurate segmentation results can be harvested from the language-aware visual features via a lightweight mask predictor.

Moreover, we extend our proposed LAVT to the video domain. We first show that LAVT can readily serve as a simple yet effective baseline for the task of referring video segmentation, by simply switching its image-based vision Transformer layers [25] to the corresponding video-based version [26]. In order to better integrate spatio-temporal and linguistic representations, we further present an analogous framework named video LAVT, in which the PWAM is extended to the 3D domain, leading to what we refer to as the 3D PWAM. The 3D PWAM leverages multi-scale 3D convolutions at several places within the module to extract spatiotemporal information from the respective inputs. Such convolutions are placed on top of visual features, linguistic features, and integrated multi-modal features, the choices of which we carefully validate through experiments. At each place, we consistently apply the pairwise construct of two multi-scale convolutions placed side-by-side, leading to an overall design that presents clarity and conformity with the original PWAM. The dynamic nature of videos presents a variety of challenges to the segmentation of objects from language expressions, and in broad terms, effective temporal information modeling can be a generic cure to such challenges. Later in the experiment section, we illustrate several common types of challenges that we observe and demonstrate the efficacy of the video LAVT in addressing them via qualitative analyses.

Building upon LAVT and video LAVT, we further propose a framework named unified LAVT that is capable of processing both image and video inputs. For the multi-level temporal outputs from the visual encoding backbone of video LAVT, we supplement them with static features of the image input. This enables unified LAVT to handle temporal information more flexibly while enhancing its modeling of local information. With this approach, both video and image inputs can be processed with a single model, establishing a unified framework.

To evaluate the effectiveness of the proposed methods, we

conduct a series of experiments on seven widely adopted benchmark datasets, including RefCOCO [27], RefCOCO+ [27], G-Ref (UMD partition) [28], and G-Ref (Google partition) [29] for referring image segmentation (RIS), and Refer-YouTube-VOS [12], A2D Sentences [3], Ref-DAVIS-17 [30] and J-HMDB Sentences [3] for referring video segmentation (RVS). Extensive experimental results demonstrate the strong competitiveness of our methods in relation to state-of-the-art approaches.

We summarize our contributions as follows.

- We propose LAVT, a Transformer-based referring image segmentation framework that performs language-aware visual encoding in place of cross-modal fusion post feature extraction.
- We propose video LAVT, the extended version of LAVT for the referring video segmentation task, which exploits spatio-temporal information for more effective multi-modal information fusion for object segmentation in videos. Based on this, we further propose unified LAVT, a framework capable of handling both image and video inputs at the same time, with enhanced segmentation capabilities.
- We show that the proposed "jointly-encode-and-align" methodology is not only beneficial to the image task, but works surprisingly well for videos, despite its simplicity. We also demonstrate the scaling potential of this methodology within unified LAVT on both unified tasks and larger datasets.
- We obtain promising competitive results on three benchmark datasets for referring image segmentation and four benchmark datasets for referring video segmentation, demonstrating the effectiveness and generality of the proposed methods. Source code is available at LAVT-RS.

It is to be noted that a preliminary conference version of this work was initially presented in [31]. As an extension, we propose the video LAVT framework for the referring video segmentation task, enhancing the original PWAM by introducing multi-scale 3D convolutional operators to better handle video data. We further propose the unified LAVT framework for the unified segmentation tasks of RIS and RVS, enhancing the video backbone to improve local static information modeling. The proposed Transformerbased "jointly-encode-and-align" approach is a first not only in the image domain but also in the video domain, and we show that it performs very well despite its simplicity. Moreover, we have conducted experiments on two other large-scale datasets for referring video segmentation and demonstrated the effectiveness of video LAVT. In this journal version, we more thoroughly validate our proposed approaches and provide comprehensive analyses on the experimental results, including detailed descriptions for the construction of the 3D PWAM, more comprehensive ablation studies, and additional visualization results.

# II. RELATED WORK

#### A. Referring Image Segmentation

Over the past years, referring image segmentation (RIS) has attracted growing attention in the research community and there are two main processes in conventional pipelines: (1) extracting features from the text and image inputs respectively, and (2) fusing the multi-modal features to predict the segmentation mask. In the first process, previous methods adopt pre-trained language models (*e.g.*, based on recurrent neural networks [2], [7], [8], [32], [33] or Transformers [34], [35]) to encode text inputs, and powerful vision network architectures (*e.g.*, plain fully convolutional networks [2], [7], [36], DeeplabV3 [8], [34], [37], and DarkNet [33], [38], [39]) to encode visual inputs.

The multi-modal feature fusion module which joins the two types of features is the key component that prior arts focus on. For example, Hu *et al.* [2] propose the first baseline based on the concatenation operation, which is improved by Liu *et al.* [7] with a recurrent strategy. Shi *et al.* [9], Chen *et al.* [10], Ye *et al.* [40], and Hu *et al.* [11] model cross-modal relations between language and vision features via various attention mechanisms. Yu *et al.* [41] and Huang *et al.* [14] explore the modular decomposition of language for better capturing different concepts (*e.g.*, categories, attributes, relations, *etc.*) in multi-modal features, while Hui *et al.* [15] exploit syntactic structures for guiding multi-modal context aggregation.

The methods most related to ours are VLT [17] and EFN [42], where the former designs a Transformer decoder for fusing linguistic and visual features, and the latter adopts a convolutional vision backbone network for encoding language information. Different from [17], we propose an early fusion scheme which effectively exploits the Transformer encoder for modeling multi-modal context. Compared to [42], we do not rely on a complicated cross-modal decoder, leading to a clearer and more effective framework. Under fair comparisons, our method outperforms these two previous counterparts by large margins. The extended version of VLT [43] proposes a Spatial-Dynamic Fusion (SDF) module and a masked contrastive learning objective. The former (SDF) is very similar to our proposed PWAM, with the main difference being that after the pixel-word attention step, PWAM combines visual and linguistic features via element-wise multiplication while SDF does it via concatenation; the masked contrastive learning objective is in principle a generic method applicable to many referring segmentation networks: It operates based on the idea of pulling close multi-modal features obtained from different expressions for the same object, while pushing afar multi-modal features obtained from different objects.

Most recently, more methods are developed in the direction of scaling up vision-language segmentation models, such as SADLR [44], GRES [45], CGFormer [46], UNINEXT [47] and PolyFormer [48]. SADLR [44] leverages a continuously updated query as the representation of the target object to progressively learn discriminative multi-modal features in the RIS task. GRES [45] generalizes the RIS task to expressions referring to any number of target objects, and introduces a new benchmark dataset along with a novel region-based approach called ReLA. CGFormer [46] proposes Group Transformer to achieve object-aware cross-modal reasoning by grouping visual features into different regions and modeling their dependencies, conditioning on linguistic features. The UNINEXT [47] model unifies a wide variety of object-centric visual understanding tasks under a prompt-conditional object discovery paradigm, while the PolyFormer [48] model formulates RIS and referring expression comprehension as a sequence-tosequence prediction problem. Their contributions lie in proposing large, unified frameworks or systems that can handle multiple tasks simultaneously, fueled by large-scale paired multi-modal training data. In contrast, we focus on demonstrating the efficacy of the early fusion of language and vision features in a segmentation-oriented framework, while also proposing a simple but effective mechanism to achieve this goal.

#### B. Referring Video Segmentation

Unlike referring image segmentation, referring video segmentation requires segmenting out the target object in each frame of a video where the object is present, and therefore, poses the additional challenge of temporal information modeling to methods.

Inspired by the problem's link to actor-action segmentation in videos [49] (the difference being that the actors and actions are described by language rather than fixed categories), many methods exploit 3D convolutional neural networks (*e.g.*, C3D [50], I3D [51], and P3D [52]) as visual encoders for addressing temporal information modeling [3], [13], [53], [54]. Different from 2D convolutions, 3D convolutions can detect features that span a period of time, which is conducive to action understanding (*e.g.*, running, jumping, kicking, *etc.*) in videos, but may at the same time introduce spatial misalignment into the features, which affects the spatial accuracy of segmentation [18], [55].

With the purpose of improving the temporal consistency of predictions, another line of work instead approaches temporal modeling from the perspective of correspondence learning, as is frequently done for video object segmentation and tracking. Among methods that follow this approach, Seo *et al.* [12] leverage the space-time attention network [56] to fuse features from history frames with those from the current frame, while Khoreva *et al.* [30] establish temporal tracks of predictions based on certain measures of temporal consistency among those predictions. These methods can typically benefit from multiple rounds of refinement at inference time.

Observing that sometimes modeling temporal information may be at odds with preserving fine spatial details, as is the case with 3D convolutional networks, some methods explore complementary ways to utilize these two types of signals. For instance, Hui *et al.* [55] encode both 3D and 2D convolutional features in parallel branches, which are joined after having been fused with language features respectively. Ding *et al.* [57] adopt a similar approach, but instead encode 2D convolutional features of the current frame and its difference with a previous frame.



Fig. 2. The overall pipeline of the proposed LAVT. We leverage a hierarchical vision Transformer [25] to perform language-aware visual encoding. At each stage, visual feature maps  $V_i$ ,  $i \in \{1, 2, 3, 4\}$  are encoded from the corresponding stage of Transformer layers (which are described in Section III-A-1 and for diagrammatic clarity, are not illustrated in this figure). Then  $V_i$  are used as queries for generating a set of position-specific language feature maps  $F_i$ ,  $i \in \{1, 2, 3, 4\}$  in the pixel-word attention module (Section III-A-2). Next, we adaptively fuse  $F_i$  with the original  $V_i$  via a language pathway (Section III-A-3). The new visual feature maps  $E_i$ ,  $i \in \{1, 2, 3\}$  are then passed into the next stage of Transformer layers for further processing. A standard segmentation head (Section III-A-4) produces the final segmentation output.

Aside from temporal modeling, another focus in the recent literature is to develop Transformer-based multi-modal feature fusion mechanisms for fusing linguistic and visual features [18], [19], [58], [59], which achieve strong performance. After visual and linguistic feature extraction, the idea is to employ the Transformer encoderdecoder architecture [20] equipped with learnable queries [60] to join these two types of features. One of the key differences among these methods lies in the choices for the query, key, and value in the decoder. Due to space constraints, we refer readers to the original papers for details. One potential drawback of this type of approaches lies in the overall complexity of the systems, which may involve exceedingly many components and the complicated process of instance sequence matching.

Recently, there has been a series of work focusing on the implementation of comprehensive feature interaction and alignment in the field of computer vision. SgMg [58] illustrates how existing referring video segmentation methods suffer from the feature drift problem and proposes Spectrum-guided Cross-modal Fusion to encourage intra-frame global interactions in the spectral domain. TempCD [59] proposes a novel collection-distribution mechanism to encourage interactions between the referent token and object queries. DMFormer [61] explicitly couples visual features with different syntactic parts of the text to promote more comprehensive feature interactions. HTML [62] effectively aligns linguistic and visual features to identify core object semantics in video by learning multimodal interactions hierarchically across different temporal scales.

Unlike state-of-the-art video-specific or video-capable approaches [18], [19], [43], [48], which primarily rely on additional multi-modal feature fusion components to learn vision-language alignments, our proposed video LAVT essentially converts the vision Transformer backbone into a multi-modal feature encoder that jointly processes linguistic and visual features.

## C. Transformers

The Transformer architecture is first introduced for the task of neural machine translation [20] and has since dominated the natural language processing (NLP) field [35], [63], [64] due to its strong capability of global context modeling. More recently, it has achieved great success on various computer vision tasks, *e.g.*, image classification [25], [65], [66], action recognition [26], [67], object detection [25], [60], [68], and semantic segmentation [25], [69], [70].

There has also been a rich line of work on Transformers in the intersection area of computer vision and NLP [71], [72]. For example, Radford *et al.* devise a large-scale pretraining model, named CLIP [21], which applies contrastive learning [73], [74], [75] on features learned by a vision Transformer and a language Transformer. Hu *et al.* [22] propose a Unified Transformer (UniT) model that jointly learns multiple vision-language tasks across different domains. Besides, growing effort has been devoted to other tasks such as visual question answering [23] and text-to-video retrieval [24]. However, to the best of our knowledge, there have been very few attempts on designing a unified Transformer model for the task of referring segmentation.

# III. Method

In this section, we start with the introduction of our languageaware vision Transformer (LAVT) for image segmentation (illustrated in Fig. 2) in Section III-A, and then discuss its 3D counterpart for video segmentation in Section III-B, to which we refer as video LAVT (illustrated in Fig. 5(a)). The fundamental workings of both models involve a process of language-aware visual encoding, which we introduce in Section III-A-1. It is achieved via a pixelword attention module and a language pathway, which we detail in Sections III-A-2 and III-A-3, respectively. Then in Section III-A-4, we describe the light-weight mask predictor used to obtain final results. In video LAVT, the vision Transformer layers and the pixel-word attention module are modified to enhance the model's ability to capture spatio-temporal information, and we clarify these changes in Sections III-B-1 and III-B-2. Finally, in Section III-B-3, we provide details on the proposed unified LAVT.

## A. LAVT for Referring Image Segmentation

1) Language-Aware Visual Encoding: Given an input pair of an image and a natural language expression that specifies an object from the image, our model outputs a pixel-wise mask that delineates



Fig. 3. Pipeline of the pixel-word attention module (PWAM). First, a singlehead scaled dot-product attention [20] is performed using the input visual feature maps  $V_i$  as queries and the input linguistic feature maps L as keys and values. The result,  $G_i$ , is a set of linguistic feature maps of the same spatial size as  $V_i$ .  $G_i$  is then multiplied element-wise with a projection of the input visual feature maps  $V_{im}$ , followed by another projection before final output.

the object. To extract language features, we employ a deep language representation model to embed the input expression into high-dimensional word vectors. We denote the language features as  $L \in \mathbb{R}^{C_l \times N}$ , where  $C_l$  and N denote the number of channels and the number of words, respectively.

After obtaining the language features, we perform joint visual feature encoding and vision-language (which is also called "crossmodal" or "multi-modal" in the following content) feature fusion through a hierarchy of vision Transformer layers organized into four stages. We index each stage using  $i \in \{1, 2, 3, 4\}$  in the bottom-up direction. Each stage employs a stack of Transformer encoding layers (with the same output size)  $\phi_i$ , a multi-modal feature fusion module  $\theta_i$ , and a learnable gating unit  $\psi_i$ . Within each stage, language-aware visual features are generated and refined via three steps. First, the Transformer layers  $\phi_i$  take the features from the previous stage as input, and output enriched visual features, denoted as  $V_i \in \mathbb{R}^{C_i \times H_i \times W_i}$ . Then, the output visual features  $V_i$ are combined with language features L via the multi-modal feature fusion module  $\theta_i$  to produce a set of multi-modal features, denoted as  $F_i \in \mathbb{R}^{C_i \times H_i \times W_i}$ . Finally, each element in  $F_i$  is rescaled by the learnable gating unit  $\psi_i$  and then added element-wise to  $V_i$  to produce a set of enhanced visual features embedded with linguistic information, which we denote as  $E_i \in \mathbb{R}^{C_i \times H_i \times W_i}$ . We refer to the computations in this final step as the language pathway. Here,  $C_i$ ,  $H_i$ , and  $W_i$  denote the number of channels, the height, and the width of feature maps in the *i*-th stage, respectively.

The four stages of Transformer encoding layers correspond to the four stages in a Swin Transformer [25], which is an efficient hierarchical vision backbone designed for addressing dense prediction tasks. The multi-modal feature fusion module within each stage is our proposed pixel-word attention module (PWAM), which is designed with the aim to densely align linguistic meanings with visual cues. And the gating unit is what we refer to as the



Fig. 4. The schema of the language pathway, which leverages a language gate (LG) for modulating multi-modal information flow. LG is implemented as a two-layer perceptron.

language gate (LG), a special unit that we devise for regulating the flow of linguistic information along the language pathway (LP).

2) The Pixel-Word Attention Module: In order to separate a target object from its background, it is important to align the visual and linguistic representations of the object across modalities. One general approach is to combine the representation of each pixel with the representation of the referring expression, and learn multimodal representations that are discriminative of a "referent" class and a "background" class. Previous approaches have developed various mechanisms for addressing this challenge, including dynamic convolutions [76], concatenations [2], [8], [76], cross-modal attentions [9], [11], [40], [42], [77], graph neural networks [54], etc. Compared to most of the previous cross-modal attention mechanisms [9], [11], [40], [42], [77], our pixel-word attention module (PWAM) produces a much smaller memory footprint as it avoids computing attention weights between two image-sized spatial feature maps, and is also simpler due to fewer attention steps.

Fig. 3 illustrates PWAM schematically. Given the input visual features  $V_i \in \mathbb{R}^{C_i \times H_i \times W_i}$  and linguistic features  $L \in \mathbb{R}^{C_l \times N}$ , PWAM performs multi-modal fusion in two steps, as described below. First, at each spatial location, PWAM aggregates the linguistic features L across the word dimension to generate a position-specific, sentence-level feature vector, which collects linguistic information most relevant to the current local neighborhood. This step generates a set of spatial feature maps,  $G_i \in \mathbb{R}^{C_i \times H_i \times W_i}$ . Concretely, we obtain  $G_i$  as follows

$$V_{iq} = \text{flatten}(\omega_{iq}(V_i)), \tag{1}$$

$$L_{ik} = \omega_{ik}(L), \tag{2}$$

$$L_{iv} = \omega_{iv}(L), \tag{3}$$

$$G'_{i} = \operatorname{softmax}(\frac{V_{iq}^{I}L_{ik}}{\sqrt{C_{i}}})L_{iv}^{T},$$
(4)

$$G_i = \omega_{iw} (\text{unflatten}(G_i^{T})), \tag{5}$$

where  $\omega_{iq}$ ,  $\omega_{ik}$ ,  $\omega_{iv}$ , and  $\omega_{iw}$  are projection functions. Each of the language projections  $\omega_{ik}$  and  $\omega_{iv}$  is implemented as a 1×1 convolution with  $C_i$  number of output channels. And the query projection  $\omega_{iq}$  and the final projection  $\omega_{iw}$  each is implemented as a 1×1 convolution followed by instance normalization, with  $C_i$ number of output channels. Here, 'flatten' refers to the operation of unrolling the two spatial dimensions into one dimension in rowmajor, C-style order, and 'unflatten' refers to the opposite operation. These two operations and transposing are used to transform feature maps into proper shapes for calculation. (1) to (5) implement the scaled dot-product attention [20] using visual features  $V_i$  as the query and linguistic features L as the key and the value, with



Fig. 5. (a) The pipeline of video LAVT is similar to that of LAVT.  $V_i$ ,  $i \in \{1, 2, 3, 4\}$  represents features encoded by Video Swin Transformer [26] layers, and 3D PWAMs instead of PWAMs are used for producing the multi-modal features,  $F_i$ ,  $i \in \{1, 2, 3, 4\}$ , which are sent to the next stage of Transformer layers along with  $V_i$ . The language gate and segmentation head remain unchanged, with the input features' temporal dimension rolled into the batch dimension. (b) The pipeline of the 3D PWAM. For each of the spatial projection functions in PWAM,  $\omega_m$ ,  $\omega_q$ ,  $\omega_w$ , and  $\omega_o$ , we substitute its  $1 \times 1$  convolution with a  $3 \times 3 \times 3$  convolution and a  $1 \times 1 \times 1$  convolution placed side by side, with their outputs joined by addition (illustrated in blue dashed boxes). This allows the modeling of spatio-temporal information when fusing linguistic and visual information. Note that we have omitted the stage index *i* from the notations of projection functions. More details are in the text below.

instance normalization [78] after linear transformation in the query projection function  $\omega_{iq}$  and the output projection function  $\omega_{iw}$ .

Second, after obtaining the linguistic features  $G_i$  which have the same shape as  $V_i$ , we combine them to produce a set of multi-modal feature maps  $F_i$  via element-wise multiplication. Specifically, this step is described as follows

$$V_{im} = \omega_{im}(V_i), \tag{6}$$

$$F_i = \omega_{io}(V_{im} \odot G_i), \tag{7}$$

where  $\odot$  denotes element-wise multiplication and  $\omega_{im}$  and  $\omega_{io}$  are a visual projection and a final multi-modal projection, respectively. Each of the two functions is implemented as a 1×1 convolution followed by ReLU [79] nonlinearity.

3) Language Pathway: As described earlier, at each stage, we merge the output from PWAM,  $F_i$ , with the output from the Transformer layers,  $V_i$ . We refer to the computations in this merging operation as the language pathway. In order to prevent  $F_i$  from overwhelming the visual signals in  $V_i$  and to allow an adaptive amount of linguistic information flowing to the next stage of Transformer layers, we design a language gate which learns a set of element-wise weight maps based on  $F_i$  to rescale each element in  $F_i$ . The language pathway is schematically illustrated in Fig. 4 and mathematically described as follows

$$S_i = \gamma_i(F_i),\tag{8}$$

$$E_i = S_i \odot F_i + V_i, \tag{9}$$

where  $\odot$  indicates element-wise multiplication and  $\gamma_i$  is a two-layer perceptron, with the first layer being a 1×1 convolution followed by ReLU [79] nonlinearity and the second layer being a 1×1 convolution followed by a hyperbolic tangent function. As detailed in the ablation studies in Table VI, we have experimented with and without using a language gate along the language pathway, as

well as different final nonlinear activation functions in the language gate, and found that using the gate with *tanh* final nonlinearity works the best for our model. The summation operation in (9) is an effective way of utilizing pre-trained vision Transformer layers for multi-modal embedding, as the treatment of multi-modal features as "supplements" (or "residuals") avoids disrupting the initialization weights obtained from pre-training on visual data. We have observed much worse results in the case of adopting replacement or concatenation.

4) Segmentation: We combine the multi-modal feature maps,  $F_i$ ,  $i \in \{1, 2, 3, 4\}$ , in a top-down manner to exploit multi-scale semantics for final segmentation. The decoding process can be described by the following recursive function

$$\begin{cases} Y_4 = F_4, \\ Y_i = \rho_i([\upsilon(Y_{i+1}); F_i]), \quad i = 3, 2, 1. \end{cases}$$
(10)

Here '[; ]' denotes feature concatenation along the channel dimension, v represents upsampling via bilinear interpolation, and  $\rho_i$  is a projection function implemented as two 3×3 convolutions connected by batch normalization [80] and ReLU [79] nonlinearity. The final feature maps,  $Y_1$ , are projected into two class score maps via a 1×1 convolution, representing the "background" class and the "object" class respectively. The average Dice loss [81] on these two classes is used for training the model. More details are in Section III-C

#### **B.** LAVT for Referring Video Segmentation

1) Language-Aware Visual Encoding for Videos: The overall pipeline of video LAVT is illustrated schematically in Fig. 5(a). Given a video clip of T frames and the referring expression, our task is to embed language information with video content and predict a mask that delineates the target object in each frame of the

TABLE I Design Choices for the 3D PWAM

	$\omega_m$	$\omega_q$	$\omega_w$	$\omega_o$
1	1×1×1	1×1×1	1×1×1	1×1×1
2	3×1×1	3×1×1	1×1×1	1×1×1
3	1×3×3	1×3×3	1×1×1	1×1×1
4	3×3×3	3×3×3	1×1×1	1×1×1
5	3×1×1 o 1×3×3	3×1×1 ° 1×3×3	1×1×1	1×1×1
6	$3 \times 1 \times 1 + 1 \times 3 \times 3$	$3 \times 1 \times 1 + 1 \times 3 \times 3$	1×1×1	1×1×1
7	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$	1×1×1	1×1×1
8	3×3×3;1×1×1	3×3×3;1×1×1	1×1×1	1×1×1
9	3×3×3	3×3×3	3×3×3	3×3×3
10	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$	1×1×1
11	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$	1×1×1	$3 \times 3 \times 3 + 1 \times 1 \times 1$
12 (*)	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$	$3 \times 3 \times 3 + 1 \times 1 \times 1$

 $a \times b \times c^{2}$  denotes kernel sizes in the time, height, and width directions, respectively.  $f \circ g^{2}$  denotes that function f accepts the output of function g as the input. Diagrammatically, this means that f is placed on top of g (see Fig. 6(a)). We use 'f; g' to denote the concatenation of the outputs of f and g followed by channel reduction, and 'f + g' to denote the addition of the outputs of f and g. Asterisk denotes the final design of the 3D PWAM.

input clip. Our language-aware visual encoding scheme described in Section III-A-1 for images is readily applicable for this purpose with some small modifications.

The simplest approach which constitutes a naïve version of video LAVT is to change the Swin Transformer layers [25], denoted as  $\phi_i$  in Section III-A-1, to the Video Swin Transformer layers in [26]. Concretely, the windows in each Transformer layer that introduce locality to attention are changed from 2D spatial windows to 3D spatio-temporal cubes. In these new Transformer layers, correspondences are established between nodes residing in not only spatial neighborhoods but also adjacent time steps, which enables temporal information modeling. With this approach, the pixel-word attention module (PWAM) and the language pathway (LP) described earlier in effect do not have to be modified in order to work within the new framework, as 1×1 convolutions are equivalent to linear layers and it would only require proper tensor reshaping operations to accommodate the new temporal dimension in the tensors. For instance, given  $V_i$  and  $F_i$  in  $\mathbb{R}^{C_i \times T \times H_i \times W_i}$ , we roll the temporal and spatial dimensions into one dimension and apply linear layers in place of  $1 \times 1$  convolutions.

Despite that, it makes sense for us to consider extending PWAM with the ability to model spatio-temporal information as it learns to establish multi-modal correspondences and produce integrated features. In the following section, we will introduce our extension of PWAM, where effort is devoted to making the module more apt for processing video inputs and 3D convolutions are exploited to this end.

2) The 3D Pixel-Word Attention Module: Fig. 5(b) illustrates the extended 3D pixel-word attention module (3D PWAM) schematically, where 3D convolutions with kernel size  $3\times3\times3$  are "inserted" next to  $1\times1\times1$  convolutions at several places, forming two parallel paths at each place with the outputs joined via element-wise addition. The places are chosen where there was a  $1\times1$  convolution in the original PWAM that transformed *spatial* feature maps, *i.e.*,  $V_i, G'_i$ , and  $V_{im} \odot G_i$ , which correspond to the visual features output by the Transformer layers, the aggregated linguistic features from the attention step, and the multi-modal features after element-wise multiplication, respectively. Correspondingly, the new projection functions for these features, denoted as  $\omega_m$ ,  $\omega_q$ ,  $\omega_w$ , and  $\omega_o$ , with stage index omitted, are now each represented by side-by-side  $3\times3\times3$  and  $1\times1\times1$  convolutions followed by addition, in contrast to the  $1\times1$  convolution in the original PWAM. In this way, multi-



Fig. 6. Schematic illustration for several different constructions (left) of the projection functions in 3D PWAM (right). The constructs (a), (b), and (c) are used in structure 5, structure 8, and structures 7, 10, 11, and 12 in Table I, respectively. The stage index i is omitted from the notations of projection functions. More discussions about the reasons for their consideration are in the text above.

scale spatio-temporal information may be extracted and utilized. Nonlinearity and normalization in the functions stay unchanged from those in PWAM.

The  $3 \times 3 \times 3$  convolutions detect spatio-temporal features from the input, and we may wonder if reinforcing either temporal (e.g.,  $3 \times 1 \times 1$ ) or spatial (e.g.,  $1 \times 3 \times 3$ ) information in the input might suffice. In addition, it remains open questions that (1) whether it suffices to use only  $3 \times 3 \times 3$  convolutions without adding  $1 \times 1 \times 1$ convolutions to the side, and (2) whether it is actually helpful to model spatio-temporal information in the linguistic features  $G'_i$ and multi-modal features  $V_{im} \odot G_i$  (while this appears natural for visual features  $V_i$ ). In Table I, we list such alternative structures of 3D PWAM that could potentially work; in Table VII and Section IV-C-2, we report our empirical findings for them. Across structures 1 to 5, we focus on comparing different types of convolutions, i.e., "element-wise" (an element being a pixel feature vector) convolution, temporal convolution, spatial convolution, spatio-temporal convolution, and sequentially decomposed spatiotemporal convolutions, respectively. In structures 6 to 8, we explore the options of two differently sized convolutions placed side by side with outputs joined by addition or concatenation, the rationale being that the two convolutions may capture complementary information. And in structures 9 to 12, based on our previous discoveries, we verify that whether it is necessary to model spatio-temporal information in the linguistic features ( $G'_{i}$ , using  $\omega_{w}$ ) and/or multimodal features ( $V_{im} \odot G_i$ , using  $\omega_o$ ).

3) Unified LAVT for Referring Segmentation: Fig. 7 illustrates the pipeline of the unified LAVT schematically. In the figure,  $E_i \in \mathbb{R}^{C_i \times T \times H_i \times W_i}$  represents the output features of each encodeand-align stage, corresponding to  $E_1$ ,  $E_2$  and  $E_3$  of video LAVT demonstrated in Fig. 5(a); the 'Video Swin Transformer Module' represents the spatio-temporal encoding block in video LAVT. To simultaneously enhance the modeling of temporally local information, we extract the central frame features  $E_{ci} \in \mathbb{R}^{C_i \times 1 \times H_i \times W_i}$  from the visual features  $E_i$ , and feed them to a 2D Swin Transformer block that functions as the local modeling module. This process runs in parallel with spatio-temporal visual encoding. Therefore, the encoding stage forms two parallel paths: one for spatio-temporal information encoding and the other for local information encoding. The outputs,  $V_{ci+1}$  and  $V_{ti+1}$ , are then combined via element-wise



Fig. 7. The encoding stage of our proposed unified LAVT.  $E_i$ ,  $i \in \{1, 2, 3\}$ , represents the output features of each encode-and-align stage, corresponding to  $E_1$ ,  $E_2$  and  $E_3$  of video LAVT in Fig. 5(a). It's worth noting that when conducting inference with the unified LAVT, we employ a single-stream network architecture. Specifically, for images, we exclusively utilize the 2D Swin Transformer module as the visual encoding module. Likewise, for videos, we rely solely on the Video Swin Transformer module.

addition. It's worth noting that when conducting inference with the unified LAVT, we employ a single-stream network architecture. Specifically, for the image segmentation, we exclusively utilize the 2D Swin Transformer module as the visual encoding module. Likewise, for video segmentation, we rely solely on the Video Swin Transformer module. For the subsequent cross-modal information fusion, we retain the design of the 3D PWAM and the language gate.

#### C. Implementation

We implement our method in PyTorch [82] and use the BERT implementation from HuggingFace's Transformer library [83]. The Transformer layers in LAVT are initialized with weights pre-trained on ImageNet-22K [84] from the Swin Transformer [25], and those in video LAVT are initialized with weights pre-trained on Kinetics 400 [85] and ImageNet-1K [84] from the Video Swin Transformer [26]. Our language encoder is the base BERT model [86] with 12 layers and hidden size 768 (hence  $C_t$  in Section III is 768) and is initialized using pre-trained weights from HuggingFace. The rest of weights in our model are randomly initialized. The number of channels  $C_i$  in Section III is 512. The main loss used to optimize LAVT, video LAVT, and all ablation/reference models is a multiclass Dice loss. The original Dice loss [81] is a binary segmentation loss computed over a single class score map. As our model outputs two class score maps, one for the "object" class and the other for the "background" class, we compute the average Dice loss for the two classes. To enhance the boundary accuracy of the predictions, when training some of the video LAVT models, we additionally adopt a boundary loss [87], which penalizes the misalignment of boundaries.

For training LAVT, we adopt the AdamW [88] optimizer with weight decay 0.01 and initial learning rate 5e-5 with polynomial learning rate decay. We train our model on each dataset for 40 epochs with batch size 32. We iterate through each object (while randomly sampling one referring expression for it) exactly once in an epoch. Images are resized to 480×480 and no data augmentation techniques are applied. During inference, *argmax* along the channel dimension of the score maps are used as predictions. Besides, for fair comparison with methods (*i.e.* UNINEXT [47] and PolyFormer [48]) that train on scaled data, we further trained LAVT and these methods with augmented data. Please see the supplementary materials for more details.

For training video LAVT, we adopt the same optimizer with weight decay 0.01 and initial learning rates 4e-5 and 6e-5, with

polynomial learning rate decay for Refer-YouTube-VOS and A2D Sentences, respectively. We conduct the experiments for video LAVT under both a "train-from-scratch" setting and a "pretrain-then-finetune" setting, following the approach of ReferFormer [19]. For training unified LAVT, we also adopt the AdamW optimizer, with weight decay 0.01 and initial learning rate 4e-5 with polynomial learning rate decay on the Refer-YouTube-VOS dataset. In addition to the "pretrain-then-finetune" setting, unified LAVT is further trained in a "jointly-train" setting, where data from Ref-Youtube-VOS and RefCOCO are mixed for training. More details can be found in the supplementary materials.

## IV. EXPERIMENTS

## A. Datasets and Metrics

Referring Image Segmentation: We evaluate our method on three standard benchmark datasets, RefCOCO [27], Ref-COCO+ [27], and G-Ref [28], [29]. Images in the three datasets are collected from the MS COCO dataset [4] and annotated with natural language expressions. Each of RefCOCO, RefCOCO+, and G-Ref contains 19,994, 19,992, and 26,711 images, with 50,000, 49,856, and 54,822 annotated objects and 142,209, 141,564, and 104,560 annotated expressions, respectively. Expressions in RefCOCO and RefCOCO+ are very succinct (containing 3.5 words on average). In contrast, expressions in G-Ref are more complex (containing 8.4 words on average), which makes the dataset more challenging. Conversely, RefCOCO and RefCOCO+ tend to have more objects of the same category per image (3.9 on average) compared to G-Ref (1.6 on average), therefore, they can better evaluate an algorithm's ability to comprehend instance-level details. RefCOCO+ bans the use of location words in its expressions, therefore, the model can only make predictions based on appearance information. Additionally, there are two different partitions of the G-Ref dataset, one by UMD [28] and the other by Google [29]. We report results on both. Ambiguities and foul language can occasionally be found in the expressions of these datasets, and we hope that there will be collective effort from the community to address these issues in the future

We adopt the common metrics of overall intersection-overunion (oIoU), mean intersection-over-union (mIoU), and precision at the 0.5, 0.7, and 0.9 threshold values. The overall IoU is measured as the ratio between the total intersection area and the total union area of all test samples, each of which is a language expression and an image. This metric favors large objects. The mean IoU is the IoU between the prediction and ground truth averaged across all test samples. This metric treats large and small objects equally. The precision metric measures the percentage of test samples that pass an IoU threshold.

*Referring Video Segmentation:* We conduct experiments on four challenging referring video segmentation benchmarks, Refer-YouTube-VOS [12], Ref-DAVIS17 [30], A2D Sentences [3], and J-HMDB Sentences [3]. Refer-YouTube-VOS is based on the YouTube-VOS dataset [6], and contains roughly 4K videos, 7K unique objects, and 15K language expressions. There are 3,471 videos for training and 202 videos for validation. We train our model on the training set and evaluate it on the validation set using the official evaluation server. The J-HMDB Sentences [3] dataset is augmented from the J-HMDB [90] dataset with annotated sentences and it contains 928 videos of 21 actions. The A2D Sentences dataset is extended from the Actor-Action Dataset (A2D) [49] with language expressions annotated for the 43 actor-action categories in

TABLE II
COMPARISON WITH STATE-OF-THE-ART METHODS IN TERMS OF OVERALL IOU ON THREE BENCHMARK DATASETS

Mathod	Visual	Language		RefCOCO			RefCOCO+			G-Ref	
Method	Encoder	Model	val	test A	test B	val	test A	test B	val (U)	test (U)	val (G)
"train with separate data"											
CMPC [14]	ResNet101	LSTM	61.36	64.53	59.64	49.56	53.44	43.23	-	-	49.05
LSCM [15]	ResNet101	LSTM	61.47	64.99	59.55	49.34	53.12	43.50	-	-	48.05
CMPC+ [54]	ResNet101	LSTM	62.47	65.08	60.82	50.25	54.04	43.47	-	-	49.89
MCN [39]	Darknet-53	Bi-GRU	62.44	64.20	59.71	50.62	54.99	44.69	49.22	49.40	-
EFN [42]	ResNet101	Bi-GRU	62.76	65.69	59.67	51.50	55.24	43.01	-	-	51.93
BUSNet [89]	ResNet101	Self-Att	63.27	66.41	61.39	51.76	56.87	44.13	-	-	50.56
CGAN [77]	Darknet-53	Bi-GRU	64.86	68.04	62.07	51.03	55.51	44.06	51.01	51.69	46.54
LTS [33]	Darknet-53	Bi-GRU	65.43	67.76	63.08	54.21	58.32	48.02	54.40	54.25	-
VLT [17]	Darknet-56	Bi-GRU	65.65	68.29	62.73	55.50	59.20	49.36	52.99	56.65	49.76
LTS [33]	Swin-B	BERT	69.51	72.39	65.98	59.17	65.30	52.92	60.03	59.71	57.89
EFN [42]	Swin-B	BERT	71.32	72.47	66.17	59.62	64.87	52.90	60.31	60.76	58.22
VLT [17]	Swin-B	BERT	70.94	73.07	66.01	60.42	64.28	52.47	60.23	61.52	57.52
LAVT [31] + VLT [17]	Swin-B	BERT	71.55	73.82	67.03	61.28	65.87	53.62	61.11	62.37	58.16
LAVT [31] + SADLR [44]	Swin-B	BERT	74.24	76.25	70.06	64.28	69.09	55.19	63.60	63.56	61.16
LAVT [31]	Swin-B	BERT	73.50	75.97	69.33	63.79	69.79	56.49	64.02	64.49	61.31
"train with augmented data"	,										
PolyFormer [48]	Swin-B	BERT	74.82	76.64	71.06	67.64	72.89	59.33	67.76	69.05	-
PolyFormer <sup>*</sup> [48]	Swin-B	BERT	72.10	74.48	69.20	65.31	70.58	58.24	65.17	66.82	64.11
UNINEXT <sup>*</sup> [47]	ConvNeXt-L	BERT	76.35	78.21	73.86	67.24	71.97	59.82	70.25	71.09	67.64
LAVT <sup>*</sup>	Swin-B	BERT	79.18	80.68	75.35	71.71	75.64	64.25	72.11	74.57	69.76
unified LAVT $^{\dagger}$	Swin-B	BERT	79.32	81.27	75.98	71.82	75.16	65.34	72.82	73.93	68.43

U: The UMD partition. G: The Google partition. We refer to the language model as neural networks that transform word embeddings before multi-modal feature fusion. Readers can refer to the respective papers for details. \* means employing the same augmented data for training. † indicates that model is jointly trained on Refer-YouTube-VOS and Ref-COCO. We exclusively utilize Swin-B as the backbone during inference with the unified LAVT.

TABLE III Comparison Between the Proposed LAVT, LTS, VLT, and EFN on the RefCOCO Validation Set, Where All Models Use the Same Backbone, Language Model, and Training Recipes (e.g., the Multi-Class Dice Loss)

Method	P@0.5	P@0.7	P@0.9	oIoU	mIoU
LTS (Swin-B+BERT) [33]	81.14	69.84	26.25	69.51	70.99
EFN (Swin-B+BERT) [42]	84.78	74.54	28.39	71.32	73.71
VLT (Swin-B+BERT) [17]	84.34	73.85	25.04	70.94	72.94
LAVT + VLT [17]	84.89	74.28	23.67	71.55	73.08
LAVT	85.87	76.64	35.30	73.50	75.41

A2D. It contains 6,656 sentences describing 6,656 unique objects. There are 3,036 videos for training and 746 videos for testing. We train our model on the training set and evaluate it on the test set. Ref-DAVIS17 [30] extends DAVIS17 [91] with language descriptions for the objects and it contains 90 videos. For A2D Sentences, we report the aforementioned metrics of precision at five IoU thresholds (from 0.5 to 0.9 with 0.1 increments), overall IoU, and mean IoU. For J-HMDB Sentences, we report overall IoU and mean IoU. For Refer-YouTube-VOS and Ref-DAVIS17, we report the mean region similarity  $\mathcal{J}$ , which is the same as the mean IoU defined above, and the mean contour accuracy  $\mathcal{F}$ , which is the mean F-measure defined over contour points from the predictions and the ground truths.

We want to note that another common metric on the A2D Sentences dataset, which is the mean Average Precision (mAP) following COCO definition [4], is not particularly suitable for evaluating "semantic segmentation-style" models, which employ a convolutional classifier to produce a single mask for the entire image or frame. The convolutional approach is valid because currently any frame in A2D Sentences that doesn't have a ground-truth mask is ignored during evaluation (a standard practice established by state-of-the-art methods such as CMPC+ [54], MTTR [18], and ReferFormer [19]), thus, every frame encountered during evalua-

tion contains one and only one target object given the referring expression. For methods that produce multiple mask candidates for an object, mAP is meaningful as it ranks the confidence scores associated with these masks, which are required for the models to produce the final prediction. For semantic segmentation-style methods, however, as they do not predict multiple candidates nor do they have confidence scores for these candidates, it can be unclear or ambiguous to try to adopt the mAP metric. For this reason, we leave this metric out.

## B. Comparison with Others

*Referring Image Segmentation:* In Table II, we evaluate LAVT against the state-of-the-art referring image segmentation methods on the RefCOCO [27], RefCOCO+ [27], and G-Ref [28], [29] datasets using the overall IoU metric. LAVT outperforms its counterparts on all evaluation subsets of all three datasets. Compared with the respective second-best methods on the validation, testA, and testB subsets of RefCOCO, LAVT obtains higher overall IoU with absolute margins of 7.85%, 7.68%, and 6.25%, respectively. Similarly, LAVT attains noticeable improvements compared with the previous state of the art on RefCOCO+, with large margins of 7.97%, 9.89%, and 6.56% on the validation, testA, and testB subsets, respectively. On the most challenging G-Ref dataset (which contains longer expressions), LAVT surpasses the respective second-best methods on the validation and test subsets from the UMD partition by absolute margins of 9.62% and 7.84%, respectively. In a similar way, on the validation set from the Google partition, LAVT outperforms the second-best EFN [42] by an absolute 9.38%.

We want to note that the multi-class Dice loss adopted in this work is more effective for training LAVT than the cross-entropy loss adopted in the conference version of this work [31]. While on most datasets, the new loss brings relatively small improvements, on the G-Ref UMD partition, it improves the overall IoU by more

TABLE IV Comparison With State-of-the-Art Methods on the Refer-YouTube-VOS and A2D Sentences Datasets Under the "Train-From-Scratch" and "Pretrain-Then-Finetune" Training Settings With Different Encoder Networks Employed

Mathad	Visual Encodor	Languaga Madal	Refer-Ye	ouTube-V	'OS			A2D	Sentenc	es		
Method	v Isual Elicodel	Language Model	$\mathcal{J}\&\mathcal{F}(\%)$	$\mathcal{J}(\%)$	$\mathcal{F}(\%)$	P@0.5	P@0.6	P@0.7	P@0.8	P@0.9	oIoU	mIoU
"train-from-scratch"												
Gavrilyuk et al. [3]	I3D	1D Conv.	-	-	-	47.5	34.7	21.1	8.0	0.2	53.6	42.1
Wang <i>et al.</i> [13]	I3D	1D Conv.	-	-	-	55.7	45.9	31.9	16.0	2.0	60.1	49.0
CMSA+CFSA [92]	DeepLab-ResNet-101	None	-	-	-	48.7	43.1	35.8	23.1	5.2	61.8	43.2
URVOS [12]	ResNet-50	Linear	47.23	45.27	49.19	-	-	-	-	-	-	-
CMPC+ [54]	I3D	ConvLSTM	47.48	45.64	49.32	65.5	59.2	50.6	34.2	9.8	65.3	57.3
CSTM [55]	Inception-v3 + I3D	$GRU \times 2$	-	-	-	65.4	58.9	49.7	33.3	9.1	66.2	56.1
LBDT-4 [57]	ResNet-50 $\times$ 2	LSTM	49.38	48.18	50.57	73.0	67.4	59.0	42.1	13.2	70.4	62.1
MTTR [18]	Video Swin-T	GPT-2	55.32	54.00	56.64	75.4	71.2	63.8	48.5	16.9	72.0	64.0
ReferFormer [19]	Video Swin-T	RoBERTa	56.00	54.80	57.30	76.0	72.2	65.4	49.8	17.9	72.3	64.1
"naïve" vid. LAVT	Video Swin-T	BERT	55.93	54.31	57.55	72.6	67.0	58.9	43.6	15.1	72.2	63.1
video LAVT	Video Swin-T	BERT	57.04	55.39	58.69	77.3	73.2	65.0	49.0	17.3	74.4	65.9
video LAVT	Video Swin-S	BERT	58.79	57.10	60.49	78.6	75.4	67.6	52.2	20.3	75.5	67.7
video LAVT	Video Swin-B	BERT	60.45	58.49	62.42	80.0	76.2	69.1	53.9	21.0	77.0	68.7
"pretrain-then-finetune"												
ReferFormer [19]	Video Conio T	RoBERTa	59.40	58.00	60.90	82.8	79.2	72.3	55.3	19.3	77.6	69.6
video LAVT	video Swill-1	BERT	60.91	59.37	62.45	82.8	79.3	71.5	54.6	19.5	77.9	70.0
ReferFormer [19]	Video Coulo C	RoBERTa	60.10	58.60	61.60	82.6	79.4	73.1	57.4	21.1	77.7	69.8
video LAVT	video Swin-S	BERT	62.96	60.35	65.56	82.9	79.6	73.1	57.2	21.2	79.1	70.4
ReferFormer [19]		RoBERTa	62.90	61.30	64.60	83.1	80.4	74.1	57.9	21.2	78.6	70.3
VLT [43]	Video Couin D	BERT	63.80	61.90	65.60	-	-	-	-	-	-	-
SgMg [58]	Video Swin-B	RoBERTa	65.70	63.90	67.40	-	-	-	-	-	79.9	72.0
TempCD [59]		RoBERTa	65.80	63.60	68.00	-	-	-	-	-	-	-
video LAVT			64.90	62.22	67.58	84.6	81.1	74.7	58.1	22.3	80.7	71.9
unified LAVT			65.77	63.61	67.93	85.7	82.9	75.8	59.2	23.5	81.4	72.4
LAVT + SgMg [58]	Video Swin P	DEDT	66.73	64.82	68.63	85.9	82.7	76.1	60.6	24.9	81.8	72.6
LAVT (bi-3D-PWAM)+ SgMg [58]	video Swiii-B	DEKI	67.14	65.17	69.09	86.0	82.8	76.2	60.8	25.2	82.0	73.0
LAVT + TempCD [59]			66.80	64.73	68.87	86.1	82.6	76.3	60.9	25.0	82.0	72.5
LAVT (bi-3D-PWAM)+ TempCD [59]			67.19	65.14	69.23	86.3	82.8	76.7	61.3	25.4	82.3	72.9

We refer to the language model as neural networks that transform word embeddings before multi-modal feature fusion. Readers can refer to the respective papers for details (e.g., the word embeddings). Experiments for LAVT + SgMg / TempCD adopt the encoding strategy of LAVT, maintaining BERT as the language model.

than 2 absolute points. Conversely, the effects of the new loss is less obvious on the reference methods presented in Table III. This highlights the efficacy of our loss as well as the potential of our model.

The reference methods in Table II adopt different visual backbones, language encoders, and training recipes. To make fair comparisons and verify the effectiveness of our approach, in Table III, we report results of the proposed LAVT and three other state-ofthe-art methods, LTS [33], VLT [17], and EFN [42], obtained by adopting BERT<sub>BASE</sub> as the language encoder and Swin-B as the vision backbone network and following the same training setting (described in Section III-C) for all models. While LTS employs a "locate-then-segment" pipeline, VLT is representative of methods that employ a cross-modal Transformer decoder. Conversely, EFN is representative of methods that fuse cross-modal information via an encoder network and additionally rely on a complicated decoder for obtaining the best results. As shown in Table II and Table III , our method outperforms LTS, VLT, and EFN on RefCOCO/g/+ datasets in all metrics. To further verify that our proposed LAVT encoding scheme is more effective than its counterpart crossmodal decoder approach, we combine our approach with VLT by substituting our original light-weight mask predictor with the crossmodal Transformer decoder from VLT. As shown in this experiment (indicated by "LAVT + VLT" in Table II and Table III), employing a Transformer decoder to perform additional cross-modal feature fusion after language-aware visual encoding by LAVT does not bring gains.

For a fair comparison with PolyFormer and UNINEXT, we report results of LAVT and these two methods using identical data and training settings, although PolyFormer and UNINEXT respectively use stronger visual backbones (Swin-L and ConvNeXt-L) than LAVT (Swin-B) due to their architectural design. The results reported under the "train with augmented data" section of Table II demonstrate the potential of "scaling up" LAVT by using more training data. Furthermore, the unified LAVT trained under the "jointly-train" setting with mixed data continues to demonstrate robust performance across these datasets.

Referring Video Segmentation: In Table IV, we evaluate video LAVT against the state-of-the-art referring video segmentation methods on the Refer-YouTube-VOS and A2D Sentences datasets. In these experiments, we adopt different types of Transformer layers in our model, namely, those from the tiny, small, and base versions of Video Swin. There are two training settings for this task. The first one is what we call "train-from-scratch," which means that the models are trained on the training set of each evaluation dataset with initialization weights from the Video Swin Transformer [26], without employing additional training data. This is the main setting adopted in virtually all papers prior to the ReferFormer paper [19]. The second is what we call the "pretrain-then-finetune" setting. This is a more compute-intensive setting that ReferFormer mainly refers to. In this setting, the model is first pretrained on the concatenated training sets of RefCOCO, RefCOCO+, and G-Ref (the UMD partition), by setting T = 1, and then respectively finetuned on the Refer-YouTube-VOS training set and the A2D Sentences training set. This setting requires several weeks of training with a minimum of eight V100 cards for each model.

Under the "train-from-scratch" setting, when all models employ Video Swin-T, on Refer-YouTube-VOS, the proposed video LAVT outperforms ReferFormer by margins (absolute) of 1.04%, 0.59%, and 1.39%, and MTTR by margins (absolute) of 1.72%, 1.39%, and 2.05%, in terms of  $\mathcal{J}\&\mathcal{F}$ ,  $\mathcal{J}$ , and  $\mathcal{F}$ , respectively; similarly, on A2D Sentences, video LAVT leads ReferFormer by absolute 2.1% and 1.8%, and MTTR by absolute 2.4% and 1.9%, in overall IoU and mean IoU, respectively. In terms of the P@K metrics (where K is a threshold), our method also compares favorably against ReferFormer and MTTR. Compared to these two models, video LAVT enjoys a simpler architecture with fewer components and a simpler training protocol, without the need of instance sequence matching. These factors make it a more adaptationfriendly model. Adopting more powerful Video Swin layers leads to better results, with video LAVT based on Video Swin-B achieving very competitive results.

The "'naïve" vid. LAVT' entry in Table IV refers to the implementation where we only switch from 2D to 3D Transformer layers but maintain the original 2D PWAMs. This is structure 1 in Tables I and VII. On Refer-YouTube-VOS, with 55.93  $\mathcal{J}\&\mathcal{F}$ , 54.31  $\mathcal{J}$ , and 57.55  $\mathcal{F}$ , "naïve" video LAVT works surprisingly well—it outperforms MTTR and performs on a par with ReferFormer. On A2D Sentences, where action information is key to segmentation, "naïve" video LAVT (PWAMs inside which do not model spatiotemporal information) does not do as well by comparison. But as 3D PWAMs replace 2D PWAMs, the efficacy of video LAVT is clearly demonstrated again. Overall, these results show that our proposed language-aware visual encoding scheme is reasonably general for both images and videos, and that the proposed 3D PWAM is an effective way to gather helpful spatio-temporal context for multimodal feature fusion.

Under the "pretrain-then-finetune" setting, the proposed video LAVT and unified LAVT outperform ReferFormer on all backbones in all metrics for Refer-YouTube-VOS, while also compares favorably with respect to ReferFormer on A2D Sentences. Specifically, on Refer-YouTube-VOS, video LAVT surpasses ReferFormer by absolute points of 1.51, 2.86, and 2.00 in terms of  $\mathcal{J}\&\mathcal{F}$  when using Video Swin-T, Video Swin-S, and Video Swin-B as the visual backbone, respectively. Unified LAVT outperforms ReferFormer by absolute points of 2.87, 2.31, and 3.33 in terms of  $\mathcal{J}\&\mathcal{F}$ ,  $\mathcal{J}$ , and  $\mathcal{F}$ , respectively, when using Video Swin-B as the visual backbone. On A2D Sentences, when compared to ReferFormer, video LAVT gains an advantage in most cases. Specifically, as the adopted backbone network scales from Video Swin-T to Video Swin-S and then to Video Swin-B, the corresponding video LAVT models show progressively better results, improving across an increasing number of metrics: from 4 metrics, to 5, and finally to all 7 metrics. This pattern also suggests that our method exhibits good learning capacity, as its performance consistently improves with increasing model complexity. Compared to video LAVT, unified LAVT achieves further improvements in all evaluated metrics on the A2D Sentences dataset. It may be worth mentioning that in contrast to ReferFormer, which adopts a full-fledged semi-supervised video object segmentation algorithm (i.e., CFBI [93]) for mask refinement in a post-processing step, our results are directly obtained from our model without any post-processing.

Additionally, under the "pretrain-then-finetune" setting, we apply our "jointly-encode-and-align" strategy to recent innovative "encode-then-align" approaches to further demonstrate the effectiveness of video LAVT. We substitute the multi-modal information encoding phase (*i.e.*, the visual encoder and the text encoder) of the aforementioned methods with the cross-modal information fusion strategy inherent to LAVT. Specifically, on the Refer-YouTube-VOS dataset, as shown by the "LAVT + SgMg" and "LAVT + TempCD" entries in Table IV, video LAVT obtains an improvement

TABLE V Main Ablation Results for LAVT on the RefCOCO Validation Set

LP	PWAM	P@0.5	P@0.7	P@0.9	oIoU	mIoU
~		85.87	76.64	35.30	73.50	75.41
	1	83.38	73.08	33.42	72.01	73.76
1		82.91	73.80	33.96	71.75	73.44
		81.49	71.02	32.79	70.73	71.94

of 1.00, 1.13, and 0.87 absolute points on  $\mathcal{J}\&\mathcal{F}$ ,  $\mathcal{J}$ , and  $\mathcal{F}$  respectively, compared to TempCD, and an improvement of 1.03, 0.92, and 1.23 absolute points on  $\mathcal{J}\&\mathcal{F}$ ,  $\mathcal{J}$ , and  $\mathcal{F}$  respectively, compared to SgMg. On A2D Sentences, we observe a similar trend of performance enhancement. Compared to SgMg that reported results on A2D Sentences, integrating the "jointly-encode-and-align" strategy from LAVT leads to enhanced performance.

Furthermore, we find that, similar to the approach of updating visual information in LAVT, the iterative update of textual information at each stage of hierarchical visual information encoding can be equally important. We have engineered a "bi-3D-PWAM" for this purpose, which employs a bidirectional 3D PWAM to concurrently update textual information. This involves the incorporation of an attention module analogous to the 3D PWAM, with visual and textual features alternating as inputs. The experimental outcomes presented in Table IV, annotated with "bi-3D-PWAM," demonstrate that the strategy of updating text can further boost the model's performance on both the Refer-YouTube-VOS and the A2D Sentences datasets. Due to space constraints, we further discuss the details of bi-3D-PWAM, the results for Ref-DAVIS17 and J-HMDB Sentences, the unified LAVT results under the "jointly-train" setting, and the comparison with recent methods in the supplementary section. Moreover, we have conducted discussions, direct comparisons, and experiments applying LAVT's "jointly-encode-and-align" strategy in recent innovative approaches [46], [58], [59], [62] to demonstrate the effectiveness of (video) LAVT and ensure our work remains up-to-date. Please refer to the supplementary materials for more details.

### C. Ablation Study

1) Components of LAVT: We conduct several ablations to evaluate the effectiveness of the key components and design choices in LAVT. All experiments use the same visual backbone network, language model, and training recipes as described in Section III-C.

Language Pathway (LP): Table V shows that removing LP (which corresponds to, mathematically, the removal of (8) and (9), or schematically, the removal of the orange stream in Fig. 2) leads to a drop of 1.49 and 1.65 absolute points in overall IoU and mean IoU, respectively. In addition, precision drops by 2 to 3 points across all three thresholds. These results demonstrate the benefit of exploiting our vision Transformer encoder network for jointly embedding linguistic and visual features.

*Pixel-Word Attention Module (PWAM):* In this ablation study, we replace the spatial language feature maps  $G_i$  in PWAM with a sentence feature vector globally pooled from all words [94]. As shown in Table V, this ablation leads to a drop of 1.75 and 1.97 absolute points in overall IoU and mean IoU, respectively, and a drop of 2 to 3 absolute points in precision across the three thresholds. These results illustrate the effectiveness of densely aggregating linguistic context via our proposed attention mechanism for enhancing crossmodal alignments.

TABLE VI Ablation Studies for LAVT on the RefCOCO Validation Set

	P@0.5	P@0.7	P@0.9	oIoU	mIoU						
(a) activation function in the language gate (LG)											
Tanh (*)	85.87	76.64	35.30	73.50	75.41						
Sigmoid	85.20	75.80	35.35	72.96	75.24						
(b) normalization layer in the pixel-word attention module (PWAM)											
InstanceNorm (*)	85.87	76.64	35.30	73.50	75.41						
LayerNorm	84.93	75.48	35.25	72.91	74.73						
BatchNorm	83.84	74.76	33.86	72.35	74.10						
None	83.85	74.16	34.01	72.07	73.82						
(c) features used to produc	e the final :	segmentati	on								
$F_4, F_3, F_2, F_1$ (G*)	85.87	76.64	35.30	73.50	75.41						
$F_4, F_3, F_2, F_1$ (NG)	85.40	76.53	35.61	72.75	75.22						
$E_4, E_3, E_2, E_1$ (G)	85.07	76.08	34.97	72.88	75.09						
$E_4, E_3, E_2, E_1$ (NG)	84.87	76.05	34.72	72.92	74.99						
$V_4, V_3, V_2$ (G)	84.25	75.28	33.15	71.88	74.26						
$V_4, V_3, V_2$ (NG)	84.58	76.12	33.13	72.45	74.49						
(d) multi-modal attention i	nodule										
PWAM (*)	85.87	76.64	35.30	73.50	75.41						
BCAM [11]	82.29	73.03	33.22	69.75	72.55						
GA (GARAN) [39], [77]	85.20	75.80	34.29	72.36	74.75						
			1 (MO) :		•						

(G) indicates that LG is adopted in the language pathway and (NG) indicates the opposite. Rows with (\*) indicate default choices.

Activation Function in the Language Gate (LG): Our proposed LG learns a set of spatial weight maps, which give our network the flexibility to control the flow of language information in the language pathway. In Table VI(a), we compare the sigmoid function and the hyperbolic tangent function as the final activation function in LG. Using the hyperbolic tangent function generally leads to better results.

Normalization Layer in PWAM: As described in Section III-A-2, we adopt a final instance normalization layer in the projection functions  $\omega_{iq}$  and  $\omega_{iw}$  in PWAM. As we illustrate in Table VI(b), this particular choice of normalization function has a non-trivial effect. In addition to instance normalization (our default choice), we experiment with layer normalization, batch normalization, and not having a normalization layer in the functions  $\omega_{iq}$  and  $\omega_{iw}$ . All three other choices produce inferior results. Among these three choices, layer normalization works better than batch normalization, which works better than not using a normalization layer.

Features Used for Prediction: As shown in Fig. 4, the languageaware visual encoding process of LAVT produces three kinds of spatial feature maps which encapsulate visual and linguistic information, *i.e.*, the outputs from PWAMs  $(F_i, i \in \{1, 2, 3, 4\})$ , the outputs from the Transformer layers  $(V_i, i \in \{2, 3, 4\})$ , and the inputs to the following Transformer layers  $(E_i, i \in \{1, 2, 3\})$ . While our default choice is to use  $F_i$  for predicting the object mask, we also consider the other two types of feature maps natural candidates for this purpose. As shown in Fig. 2,  $E_4$  is not generated in the standard architecture of LAVT. To have a convincing ablation study, we compute  $E_4$  with an additional language pathway as defined in (8) and (9). Conversely, since  $V_1$  contains pure visual information, while  $V_2$ ,  $V_3$ , and  $V_4$  contain multi-modal information, we exclude  $V_1$  from the experiments. In Table VI(c), we report segmentation results obtained using  $F_i$ ,  $E_i$ , and  $V_i$  with and without language gate (indicated by 'G' and 'NG,' respectively). Table VI(c) shows that using our default choice of  $F_i$  with language gate produces the best overall results among all choices. Also, we observe that while the language gate tends to be useful for  $F_i$  and  $E_i$ , it slightly degrades

structure	$  \mathcal{J}\&\mathcal{F}(\%)$	$\mathcal{J}$ (%)	$\mathcal{F}(\%)$
1	55.93	54.31	57.55
2	43.52	44.47	42.57
3	54.69	53.00	56.39
4	56.49	54.95	58.04
5	41.97	42.54	41.41
6	51.92	50.93	52.90
7	56.34	54.77	57.90
8	55.31	53.61	57.02
9	56.56	55.01	58.10
10	56.52	54.91	58.14
11	56.54	54.93	58.16
12 (*)	57.04	55.39	58.69

Structure 12 has the overall best results, while structures 4 and 7 have the best results in counterpart structures.

TABLE VIII Comparison Between "PWAM" and "3D PWAM" on the Refer-YouTube-VOS Dataset Under the "Train-From-Scratch" Setting and the *Image-Based* Visual Backbone, Swin-B

Attention Module	$\mathcal{J}\&\mathcal{F}(\%)$	$\mathcal{J}$ (%)	$\mathcal{F}(\%)$	$\Delta_{\mathcal{J}\&\mathcal{F}}(\%)$
PWAM	58.95	56.98	60.91	+0.00
3D PWAM	60.10	57.97	62.23	+1.15

results for  $V_i$ .

*Multi-Modal Attention Module:* In Table VI(d), we compare PWAM with two state-of-the-art attention modules by directly replacing PWAM with them in our framework. Compared to both the grouped attention (GA or GARAN) [39], [77] and the bidirectional cross-modal attention module (BCAM) [11], PWAM achieves higher scores on all metrics. BCAM is representative of the computationally-heavy attention modules, while GA is a recent, top-performing module.

2) The Design of the 3D PWAM: Design Choices: As described in Section III-B-2, we evaluate many different ways to construct the 3D PWAM. Please refer to the text below, Table I, and Fig. 6 for the details. We report the empirical results in Table VII. First, in structures 1 to 8, we consider variants of the  $\omega_m$  and  $\omega_q$  projection functions, because extracting spatio-temporal information from visual features directly is the most intuitive option. Then in structures 9 to 12, we consider the best variants found previously and apply them to the projection functions  $\omega_w$  and  $\omega_o$ , which extract information from the linguistic features and multimodal features, respectively.

In structures 1 to 5, "element-wise" (an element being a pixel feature vector) convolution, temporal convolution, spatial convolution, spatio-temporal convolution, and sequentially decomposed spatio-temporal convolutions are explored, respectively. Results show that structure 4 (with a  $3\times3\times3$  convolution) works the best among the five structures. In structures 6 to 8, we investigate whether two parallel convolutions complement each other and work better than a single spatio-temporal convolution. Specifically, structures 6 to 8 correspond to the '3 × 1 × 1 + 1 × 3 × 3', '3 × 3 × 3 + 1 × 1 × 1', and '3 × 3 × 3; 1 × 1 × 1' variants in Table I, respectively, and results show that structure 7 with parallel 3×3×3 and 1×1×1 convolutions followed by element-wise addition is the best option.

So far we have found that a single  $3 \times 3 \times 3$  convolution (structure 4) and parallel convolutions joined by addition (structure 7) are

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Fig. 8. Visualizations of predictions and feature maps on an example from the RefCOCO validation set. The left-most column illustrates the input expression, the input image, and the ground-truth mask overlaid on the input image, from top to bottom. In each row on the right, we visualize the predicted mask and the feature maps used for final classification (*i.e.*,  $Y_4$ ,  $Y_3$ ,  $Y_2$ , and  $Y_1$ ) from left to right. LP represents the language pathway and PWAM represents the pixel-word attention module.



Fig. 9. Visualizations of predicted masks and the ground-truth masks on two examples from the RefCOCO validation set.

TABLE IX Comparison Between the Vision-Language Fusion (VLF) Module of CM-FPN [19] and Our 3D PWAM in Controlled Experiments

Method	Backbone	$\mathcal{J}\&\mathcal{F}(\%)$	$\mid \mathcal{J}(\%)$	$\mathcal{F}(\%)$
video LAVT w/ VLF [19]	Video Swin-T	54.27	52.63	55.91
video LAVT	Video Swin-T	<b>57.04</b>	55.39	58.69
video LAVT w/ VLF	Video Swin-S	54.95	52.97	56.92
video LAVT	Video Swin-S	<b>58.79</b>	57.10	60.49
video LAVT w/ VLF	Video Swin-B	58.07	55.90	60.25
video LAVT	Video Swin-B	<b>60.45</b>	58.49	62.42

Results are reported for the Refer-YouTube-VOS dataset under the "train-from-scratch" setting.

among the best implementations for projection functions  $\omega_m$  and  $\omega_q$ . Based on these results, we then let the projection functions  $\omega_w$  and  $\omega_o$  adopt these constructions, leading to structures 9 and 12, respectively, and results show that structure 12 is the better option. Finally, in structures 10 and 11, we implement  $(3 \times 3 \times 3 + 1 \times 1 \times 1)^2$  for either  $\omega_m$  or  $\omega_q$ . Neither structure performs better than structure 12, which verifies that it is helpful to implement  $(3 \times 3 \times 3 + 1 \times 1 \times 1)^2$  for all four projection functions and this leads to our final design of the 3D PWAM.

Effectiveness of the 3D PWAM: In Table VIII, to better un-

derstand the temporal modeling capabilities of the 3D PWAM, we conduct a comparison with the 2D PWAM using a robust imagebased visual backbone, Swin-B. In this framework, the 3D PWAM is the sole unit capable of temporal modeling. We see that 3D PWAM leads to 1.15, 0.99, and 1.32 absolute points of improvement over the static model in terms of  $\mathcal{J}\&\mathcal{F}$ ,  $\mathcal{J}$ , and  $\mathcal{F}$ , respectively. This result demonstrates that the proposed 3D PWAM is effective at capturing helpful temporal cues that can lead to more accurate segmentation in videos.

*Comparison With the CM-FPN:* The ReferFormer's CM-FPN [19] is a multi-level cross-modal fusion strategy developed in the context of referring video object segmentation. At its core is a "vision-language fusion" module composed of a self-attention block followed by a cross-attention block, inserted into each level of an FPN [95]. The most sensible way to compare 3D PWAM to CM-FPN is by replacing our 3D PWAM with the "vision-language fusion" module in our framework, while at the same time maintaining the same backbones, language model, and training recipes.

Table IX shows that the 3D PWAM outperforms the CM-FPN's vision-language fusion (VLF) module in terms of  $\mathcal{J}, \mathcal{F}$ , and  $\mathcal{J}\&\mathcal{F}$  metrics across Video Swin-T, Video Swin-S, and Video Swin-B backbone networks. Across all backbone networks, the 3D PWAM demonstrates a significant advantage, with an increase of



Fig. 10. Visualizations of predicted masks and the ground-truth masks on examples from the A2D Sentences validation set. The example enclosed with green lines is a success case, and that enclosed with red lines is a failure case. The first example is quite challenging, which includes multiple small targets, and our model segments them out quite accurately. In the second example, the model seems confused by the many different race cars, which are small and close to each other, with indistinct colors. Zoom in to have a better view.

2 to 4 points across various metrics. This advantage likely stems from the 3D PWAM's unique feature processing, where language features with spatial dimensions from vision-to-language attention undergo element-wise multiplication with visual features, leading to multi-modal fusion. In contrast, the CM-FPN's VLF module lacks this multiplication step, outputting the results of visionto-language attention without further fusion. The 3D PWAM's approach is integral to the LAVT framework, as segmentation maps are derived directly from its output, where convolutions assess the match between language and vision information at each spatial location. In ReferFormer's CM-FPN, there is no need for such direct fusion, as cross-modal information is supplemented at a later stage from the Transformer encoder-decoder output.

### D. Visualizations

In Fig. 8, we visualize the predictions and feature maps of our full LAVT model and two ablated models (without the language pathway ('w/o LP') and without the pixel-word attention module ('w/o PWAM'). From the first row, we can observe that the lowerresolution feature maps (*i.e.*,  $Y_4$ ,  $Y_3$ ,  $Y_2$ ) in our full model can accurately locate the high-level concept described by the text, while the high-resolution feature maps  $(i.e., Y_1)$  contain boundary cues that help with accurate segmentation. Comparing the predicted masks of the three models, we can observe that the removal of LP and the removal of PWAM both lead to false negative predictions on the windshield area of the target bus, while the removal of LP additionally results in the false positive identification of the middle bus. These qualitative results further validate the effectiveness of our proposed LP and PWAM mechanisms. More visualization examples of LAVT and video LAVT are shown in Fig. 9, Fig. 10, and the supplementary material.

## V. CONCLUSION AND FUTURE WORK

In this paper, we have proposed the Language-Aware Vision Transformer (LAVT), a general framework for addressing referring segmentation (*i.e.*, referring image/video segmentation). Unlike previous methods, LAVT leverages the intermediate layers of the visual Transformer encoder network to jointly embed linguistic and visual features, thereby relocating the key process of crossmodal feature fusion to the stage of image/video encoding. This is achieved by "injecting" linguistic cues into the vision Transformer network at every stage, where the cues are aligned with visual features by a pixel-word attention module and modulated by a gating function. In particular, we have designed a 3D version of the pixel-word attention module for processing video inputs, which leverages multi-scale 3D convolutions to effectively model spatio-temporal information. Extensive ablation studies validate our design choices, and experimental results on five benchmarks demonstrate the advantage of our method with respect to the stateof-the-art approaches.

Since LAVT is designed to be a simple baseline for the referring segmentation task, there can potentially be many interesting extensions from the current model. We briefly outline three in the following. First, beyond the currently proposed language-aware visual encoding scheme based on a vision Transformer, the encoding scheme that works in the opposite direction-vision-aware language encoding based on a language Transformer-may also produce strong features conducive to segmentation. This leads to a potential bi-directional fusion strategy that may yield better results. Second, from an architectural point of view, currently the (3D) PWAM at each stage amounts to a cross-attention layer (followed by an element-wise multiplication operation) inserted at the end of the corresponding stage of the (Video) Swin Transformer [25], [26], in effect converting the original vision Transformer into a multimodal Transformer. This leads to the question that whether we can scale up our method by making native changes to the (Video) Swin Transformer, where cross-modal attention and element-wise multiplication can be implemented based on the original non-overlapping window and shifted window attention layers in the (Video) Swin Transformer. This fully integrated approach, if successful, has the potential to serve as a much more general architecture suitable for many vision-language tasks, including pre-training tasks. Third, the

additional Transformer encoder-decoder component exploited for multi-modal feature fusion in MTTR [18] and ReferFormer [19] is a promising way to align multi-modal features and can potentially be added to our existing framework to produce stronger results.

Beyond the architectural aspect, there are likely many other directions for improving the state-of-the-art referring segmentation models. As much of the interest in referring segmentation stems from a desire to develop an algorithm that can segment an image or video in an open world (i.e., segment out any object), it makes sense to explore the use of pre-trained large vision-language models (e.g., CLIP [21] and Stable Diffusion [96]) to improve generalization. Some direct benefits of doing so can be derived from the following two aspects. First, the enlarged vocabulary of the language encoder may vastly expand the number of concepts understood by the model. Second, alignment information in the pre-trained model should be useful. For instance, the pre-trained weights can be used for initialization, or weak supervisory signals may be extracted for the supervision of the task-specific model. Of course, successfully leveraging pre-trained representations requires an understanding of their nature, which differs between discriminative models (e.g., from CLIP) and generative models (e.g., from Stable Diffusion). As in many areas of artificial intelligence, building this understanding will likely require a sustained, empirically-driven effort from the community. Finally, a robust method for assessing the resilience of referring segmentation models-specifically their ability to handle changes, ambiguities, and inaccuracies in expressions-would be highly beneficial. To this end, we hope that the advent of large language models capable of handling multi-modal inputs (e.g., GPT-4 [97]) will pave the way for large-scale referring expression generation [29]. This advancement could provide data to enable comprehensive model evaluation against the vast variations of language and support the large-scale training of referring segmentation models.

In conclusion, we suggest that it may be beneficial to extend our method to other related tasks, such as referring expression comprehension, visual question answering, and spatio-temporal video grounding. We leave these possibilities for future work.

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## Appendix

# Additional Dataset Details

Ref-DAVIS17 [30] extends DAVIS17 [91] with language descriptions for specific objects across 90 videos. The dataset, split into 60 training and 30 validation videos, contains 1,544 sentences describing 205 objects. we report the results by averaging the scores using the official evaluation code. The J-HMDB Sentences [3] dataset is augmented from the J-HMDB [90] dataset with annotated sentences and it contains 928 videos of 21 actions, with 928 corresponding sentences.

## Additional Implementation Details

In the "train-from-scratch" setting, video LAVT is trained on Refer-YouTube-VOS for 30 epochs with mini-batches of size 8, and A2D Sentences for 40 epochs with mini-batches of size 32, where each video clip input consists of 8 frames. In the "pretrain-thenfinetune" setting, the model is first pretrained on the concatenated training sets of RefCOCO [27], RefCOCO+ [27], and G-Ref [28] (the UMD partition) for 12 epochs, by setting T = 1, and then respectively finetuned on the Refer-YouTube-VOS training set and the A2D Sentences training set for 15 epochs. Frames are resized to 480×480 and window size in the Transformer layers is set to  $8 \times 7 \times 7$ . No data augmentation techniques are applied. Following ReferFormer [19], when evaluating on Refer-YouTube-VOS, at each forward pass, we feed the entire video to our model and directly obtain the predicted mask for each frame. Following MTTR [18] and ReferFormer [19], when evaluating on A2D Sentences, we place the target frame at the center (8th) position of an input video clip (of length 16) and obtain the predicted mask for the target frame. In addition to the "pretrain-then-finetune" setting, unified LAVT is further trained under the "jointly-train" setting by mixing the datasets of RefCOCO/+/g. For this setting, we adopt image augmentation methods similar to those used by ReferFormer.

For a fair comparison with PolyFormer [48] and UNINEXT [47] on the task of referring image segmentation, we have trained LAVT and these methods using identical data and training settings. The data comprise the concatenated training sets of RefCOCO [27], RefCOCO+ [27], G-Ref [28] with all validation and testing images removed, and Refer-YouTube-VOS [12], where each frame is treated as an individual image.

# Additional Experiment Results and Details

## Comparison with Others: A Universal Encoding Strategy

We conduct experiments applying LAVT's "jointly-encodeand-align" strategy in recent innovative "encode-then-align" methods to demonstrate the effectiveness of (video) LAVT. We substitute the multi-modal information encoding stage (*i.e.*, the visual encoder and the text encoder) of the aforementioned methods with the crossmodal information fusion strategy of LAVT. In all experiments, the models utilize the robust Video Swin-B as the visual backbone, are pre-trained on the RefCOCO/+/g datasets, and subsequently are fine-tuned on Refer-YouTube-VOS. The code and weights of TempCD [59] have not been released, so we replicate the work based on the technical details described in the paper.

Specifically, as shown in Table S1, we observe an improvement of 1.00, 1.03, and 0.87 absolute points on  $\mathcal{J}\&\mathcal{F}, \mathcal{J}$ , and  $\mathcal{F}$ ,

respectively, with respect to TempCD, and an improvement of 1.03, 0.92, and 1.23 absolute points on  $\mathcal{J}\&\mathcal{F}$ ,  $\mathcal{J}$ , and  $\mathcal{F}$ , respectively, with respect to SgMg [58]. Upon integrating the "jointly-encodeand-align" strategy from LAVT, both TempCD and SgMg have exhibited enhanced performance.

Furthermore, we find that, similar to the approach of updating visual information in LAVT, the iterative update of textual information at each stage of hierarchical visual information encoding can be equally important. We have engineered a "bi-3D-PWAM" for this purpose, which employs a bidirectional 3D PWAM to concurrently update textual information. This involves the incorporation of an attention module analogous to the 3D PWAM, with visual and textual features alternating as inputs. The experimental outcomes presented in the last row of Table S1 demonstrate that with a consistent backbone (Video Swin-B) and training setting ("pretrain-then-finetune"), the strategy of updating text effectively brings performance improvements (+0.39 for TempCD and +0.41 for SgMg, in terms of  $\mathcal{J}\&\mathcal{F}$ ).

TABLE S1. Comparison between the "jointly-encode-and-align" strategy of LAVT and the common "encode-then-align" strategy, on the Refer-YouTube-VOS validation set, under the "pretrain-then-finetune" setting, with SgMg [58] and TempCD [59] as baselines.

Method	Backbone	$\mathcal{J}\&\mathcal{F}(\%)$	$\mathcal{J}(\%)$	$\mathcal{F}(\%)$
video LAVT SgMg [58] TempCD [59]	Video Swin-B Video Swin-B Video Swin-B	64.90 65.70 65.80	62.22 63.90 63.60	67.58 67.40 68.00
SgMg + LAVT SgMg + LAVT (bi-3D-PWAM)	Video Swin-B Video Swin-B	66.73 67.14	64.82 65.17	68.63 <b>69.09</b>
TempCD + LAVT TempCD + LAVT (bi-3D-PWAM)	Video Swin-B Video Swin-B	66.80 <b>67.19</b>	64.73 <b>65.14</b>	68.87 <b>69.23</b>

We have conducted similar experiments with some recent referring image segmentation methods, such as GRES [45]. We substitute GRES' visual encoders with LAVT's "jointly-encodeand-align" architecture, and utilize the same datasets, visual backbone, and training settings. We present these experiment results in Table S4 with details and discussions in the caption. Upon integrating the "jointly-encode-and-align" strategy from LAVT, GRES exhibits enhanced performance, which demonstrates the effectiveness and generality of this strategy.

DMFormer [61] explores the effective transfer of knowledge of large-scale pretrained vision-language models (*e.g.*, GLIP [98]) to the task of referring video object segmentation. To make a fair comparison with it, we substitute the backbone in LAVT with the GLIP Swin-Large model utilized in DMFormer, and run experiments under the same "pretrain-then-finetune" setting. This necessitates the replication and expansion of images in the temporal dimension of 3D PWAM, which is consistent with what is employed in the experiments detailed in Table VIII of the main paper. As illustrated in Table S2, LAVT exhibits competitive performance with respect to DMFormer using the same visual backbone that has undergone vision-language aligning.

### Comparison With Others: Ref-DAVIS17 and J-HMDB Sentences

On Ref-DAVIS17, we directly report the results using the model trained on Refer-Youtube-VOS [12], without finetuning the model. On J-HMDB Sentences, we directly report the results using the model trained on A2D Sentences [3], without finetuning the model.

From Table S5, we see that our proposed video LAVT outperforms ReferFormer on all backbones in all metrics for Ref-DAVIS17 and J-HMDB Sentences. Specifically, on Ref-DAVIS17, there is an improvement of 2.46, 1.99, and 2.93 absolute points in  $\mathcal{J}\&\mathcal{F}, \mathcal{J}$ , and  $\mathcal{F}$ , respectively. On J-HMDB Sentences, video LAVT surpasses ReferFormer by absolute points of 11.1 and 1.1 in terms of oIoU and mIoU, respectively. Furthermore, video LAVT continues to demonstrate competitive performance with respect to other more recent methods (*i.e.*, DMFormer [61] and SgMg [58].

#### Comparison With Others: Unified LAVT

From Table S3, we observe that when more image and video data are incorporated (*i.e.*, under the "jointly-train" setting), unified LAVT achieve more significant gains. Unified LAVT outperforms ReferFormer by 2.21, 1.99, and 2.43 absolute points in  $\mathcal{J}\&\mathcal{F}, \mathcal{J}$ , and  $\mathcal{F}$ , respectively. The results demonstrate the effectiveness of unified LAVT in the unified task of referring image and video segmentation. Furthermore, they confirm the potential of the proposed "jointly-encode-and-align" strategy to scale up on more data.

TABLE S2. Comparison with DMFormer [61] on the Refer-YouTube-VOS dataset under the "pretrain-then-finetune" training setting with the same backbone networks employed.

Method	Backbone	$\mathcal{J}\&\mathcal{F}(\%)$	$\mathcal{J}(\%)$	$\mathcal{F}(\%)$
video LAVT DMFormer [61]	Video Swin-B Swin-L (GLIP)	64.90 64.90	62.22 63.40	67.58 66.50
video LAVT	Swin-L (GLIP)	65.87	63.88	67.84

TABLE S3. Comparison with ReferFormer [61] on the Refer-YouTube-VOS dataset under the "jointly-train" training setting with the same backbone networks employed.

Method	Backbone	$\int \mathcal{J} \& \mathcal{F}(\%)$	$\int \mathcal{J}(\%)$	$\mathcal{F}(\%)$
ReferFormer [19]	Video Swin-B	64.90	62.80	67.00
unified LAVT	Video Swin-B	<b>67.11</b>	64.79	<b>69.43</b>

# VISUALIZATIONS

In Figure S1, we illustrate the common types of challenges that we observe in the video domain via examples from the Refer-YouTube-VOS dataset, which include (a) invalidated object location description, (b) action (*i.e.*, temporal information in the expression) grounding, (c) object occlusion, and (d) object disappearance. The first two challenges are directly related to the language-conditional aspect of our task, while the last two challenges are general to the problem of object segmentation in videos. We show that the proposed video LAVT can better deal with these challenges than its static counterpart, LAVT. In example (a), a crucial piece of identifying information is the condition "third in the front row." However, as video content is dynamic, the target object is not always "third in the front row" and the static LAVT model gets it wrong at times. In contrast, video LAVT gathers information from the entire video (as we feed it all frames at once during inference), and can determine the target object based on a global view of it despite that the location description may not be accurate in certain frames. In example (b), the model must differentiate apart a zebra that is "eating the grass" and another that is not. In certain parts

of the video, whether the subject is performing an action is hard to tell based on a single frame, and to ground actions requires the model to "watch" several frames (or it may be helpful to "watch" all the frames). Understandably, video LAVT is better at understanding actions compared to LAVT. In examples (c) and (d), the target object is respectively partially occluded and completely invisible in certain frames. In both cases, as the segmentation results demonstrate, video LAVT is able to benefit from gathering context from other frames to yield more accurate segmentations.

In the following, we provide additional visualizations of the predicted masks and feature maps.

- Fig. S2 visualizes predictions and feature maps from the RefCOCO validation set.
- Figs. S3 and S4 visualize predictions and feature maps from the A2D Sentences validation set.
- Fig. S5 visualizes success and failure cases from the RefCOCO validation set.
- Fig. S6 visualizes success and failure cases from the A2D Sentences validation set.

TABLE S4. Comparison between the "jointly-encode-and-align" strategy of LAVT and the common "encode-then-align" strategy, in terms of overall IoU, on three benchmark datasets based on the GRES method [45]. U: The UMD partition. G: The Google partition. In these experiments, methods use Swin-B as the visual backbone.

Method -	RefCOCO		RefCOCO+		G-Ref				
	val	test A	test B	val	test A	test B	val (U)	test (U)	val (G)
LAVT	73.50	75.97	69.33	63.79	69.79	56.49	64.02	64.49	61.31
GRES	73.82	76.48	70.18	66.04	71.02	57.62	65.00	65.97	62.70
GRES + LAVT	75.13	77.96	71.39	66.87	71.97	58.56	65.32	66.17	63.09

TABLE S5. Comparison with state-of-the-art methods on the Ref-DAVIS17 and J-HMDB Sentences datasets.

Method	Backbone	I	JHMDB			
		$\mathcal{J}\&\mathcal{F}(\%)$	$\mathcal{J}$ (%)	$\mathcal{F}(\%)$	oIoU	mIoU
ReferFormer [19]	Video Swin-B	61.10	58.10	64.10	63.0	71.8
VLT [43]	Video Swin-B	61.60	58.90	64.30	-	-
HTML [62]	Video Swin-B	62.10	59.20	66.00	-	-
DMFormer [61]	Swin-L (GLIP)	62.30	59.50	65.10	73.9	72.8
SgMg [58]	Video Swin-B	63.30	60.60	66.00	73.7	72.5
video LAVT	Video Swin-B	63.56	60.09	67.03	74.1	72.9

# (a) Invalidated object location description.

Expression: "a hat is worn by a person in the center and third in the front row"



LAVT

Expression: "a black and white zebra is on the right eating the grass"



# (c) Object occlusion.

(b) Action grounding.

Expression: "a person wearing a white shirt is driving a white truck moving down the road"



# (d) Object disappearance.

Expression: "a person on the far side of a tennis court serving a tennis ball"



Fig. S1. A comparison of LAVT and video LAVT in dealing with common types of challenges in the video domain. Examples are from the Refer-YouTube-VOS validation set.



Fig. S2. Visualizations of predictions and feature maps from the RefCOCO validation set. For each example, the left-most column illustrates the input expression, the input image, and the ground-truth mask overlaid on the input image from top to bottom. On the right, each row visualizes the predicted mask and the feature maps used for final classification (*i.e.*,  $Y_4$ ,  $Y_3$ ,  $Y_2$ , and  $Y_1$ ) from left to right. LP represents the language pathway and PWAM represents the pixel-word attention module.



Fig. S3. Visualized predictions and feature maps of our video LAVT on an example from the A2D Sentences validation set. The input expression and the video frames are illustrated on the left. On the right, we visualize the ground truth, the prediction, and the feature maps for each object in each frame. Feature maps are those used for final segmentation (*i.e.*,  $Y_4$ ,  $Y_3$ ,  $Y_2$ , and  $Y_1$ ). We observe that while  $Y_4$  seems to contain less information, from  $Y_3$  to  $Y_1$ , the features grow increasingly refined and gradually pinpoint the target object.



Fig. S4. Another example from the A2D Sentences validation set with visualized predictions and feature maps from video LAVT.



Fig. S5. Visualizations of predicted masks and ground-truth masks on examples from the RefCOCO validation set. Examples enclosed with green lines are successful cases, and the example enclosed with red lines is a failed case. In the successful cases, our predictions are nearly identical to the ground truth. The error in the failure case is caused by the ambiguity in the given expression—there are two boys (one partially occluded) that are on skateboards, and it segments out both.



Video frames Predictions Ground truth

Video frames Predictions Ground truth

Video frames Predictions Ground truth

Fig. S6. Visualizations of predicted masks and ground-truth masks on examples from the A2D Sentences validation set. Our model seems to do well in a variety of challenging scenes, overcoming difficulties such as scale variation, object deformation, and partial occlusion. However, as the failed example demonstrates, it has difficulty in dealing with cluttered background and blurring, which can occur frequently in videos. These issues suggest future directions for improvement.